



The **Centre for Complex Diabetes Care (CCDC)** at Thunder Bay Regional Health Sciences Centre provides access to intensive, specialized, interdisciplinary care for persons living with diabetes. Located at **984 Oliver Road in Thunder Bay**, this interprofessional team will work with patients for up to one year (or as indicated) to improve diabetes management within the context of their lives and personal goals.

Program Criteria

Patients **must**:

- be 18 years of age or older; and
- have **poor glycemic control**; and/or
- significant co-morbidities which impact on glycemic control; and/or
- experience **barriers** to managing their health (e.g. mental health, socioeconomic); and/or
- have had **recurrent diabetes emergencies** or have been hospitalized with poorly controlled diabetes and higher readmission rates; and/or
- have **diabetes complexities without access to specialist medical care** (e.g. cardiology, orthopedics); and/or
- have a **new diabetes diagnosis** that requires further assessment and/or triage for services; and/or
- require optimization of medication regime

Services

- CCDC will work with your patients to help them learn to better manage their diabetes within the context of their complex health issues and their own personal goals
- CCDC has a full Interdisciplinary team, including: Physician, Nurse Practitioner, Registered Nurse, Registered Dietitian, Pharmacist, Social Worker, Psychologist, Chiropractor, Occupational Therapist, Physiotherapist, Wound Care Clinician, Phlebotomy Services, and Indigenous Liaison Worker

Referral

- Referrals must be from a Physician or Nurse Practitioner
- Complete the attached CCDC Referral Form and **fax to (807) 684-5928**
- Referrals that meet program criteria will be contacted to arrange an initial intake appointment with our interprofessional team
- Follow-up care will be provided by the team until your patient meets their personal health goals, including better management of their diabetes
- You will be notified regularly of your patient's plan of care and discharge from the Centre

If you have any questions, please reach out to the CCDC team by phone at **(807) 684-6944**