Kenora

Kenora Emergency Shelter

Phone: 807-467-1270

Saakaate House (Women's Shelter)

Phone: 807-468-1889 Website: www.wssh.ca

Kenora Food Bank

Phone: 807-468-8452

Website: www.salvationarmy.ca

Migisi Alcohol/Drug Treatment Centre

Phone: 807-548-5959

Website: www.migisitreatmentcentre.ca

Changes Recovery Home

Phone: 807-468-3367

Website: www.changesrecovery.ca

Ontario Addiction Treatment Centres

Phone: 887-937-2282

Website: www.canatc.ca/addiction-treatment

Kenora Chief's Advisory (KCA)

Phone: 807-407-3077

Website: www.kenorachiefs.ca

FIREFLY

Phone: 833-696-5437

Website: www.fireflynw.ca

Canadian Mental Health Association

Phone: 807-468-1838

Website: www.cmhak.on.ca

Mood Disorder Association of Ontario

Phone: 807-468-7555

Website: www.mooddisorders.ca

Ne Chee Friendship Centre

Phone: 807-468-5440

Lake of the Woods Community Programs

Phone: 807-467-3555 Website: www.lwdh.on.ca

Minto Resource Center

Phone: 807-468-3161

Ontario Native Women's Association

Phone: 807-468-3943 Website: www.onwa.ca

Kenora Sexual Assault Centre

Phone: 1-800-565-6161

Website: www.kenorasexualassaultcentre.ca

Women's Place Kenora

Phone: 807-468-9095

Website: www.womensplacek.wordpress.com

Lake of the Woods District Hospital – Mental Health and Addictions Program

Phone: 807-464-6995

Website: http://www.lwdh.on.ca/index.php/programs-

and-services/mental-health-and-addictions-

programs.html

Kenora Association for Community Living

Phone: 887-937-2282

Website: https://canatc.ca/addiction-treatment/

Anishinaabe Abinooji Child and Family Service

Phone: 807-468-6224

Website: www.aafs.ca

Kenora Rainy River Child and Family Services

Phone: 467-5437

Website: www.krrcfs.ca

Red Lake

Red Lake Emergency Shelter

Phone: 807-727-2430

Website: www.chukuni.com/article/red-lake-

emergency-shelter-2188.asp

New Starts for Women Shelter

Phone: 807-727-3303

Website: www.newstartsforwomen.com

Kenora Chiefs Advisory & Mental Health

- Community treatment
- Mental health case management

Phone: 1-800-830-5978

Website:

Community Counselling & Addictions Services

Phone: 807-727-1100

Website:

www.redlakehospital.ca/mentalhealth-

addictionservices

Red Lake Indian Friendship Centre & Food bank

Phone: 807-727-2847 ext. 222

Website: www.rlifc.ca

Red Lake / Ear Falls Career and Employment Services

Phone: 807-727-2297

Website: www.redlakejobs.ca

True North Medical Centre - Margaret Cochenour Memorial Hospital

Phone: 888-878-3563 ext. 1.

Website:www.truenorthmedical.com/substan

ce-use

Northwestern Ontario Health Unit (NWHU)

Phone: 1-800-830-5978 Website: www.nwhu.on.ca

FIREFLY

- Counselling and therapy
- Infant and child development services
- Telepsychiatry

Phone: 807-727-9064

Website: www.fireflynw.ca

Canadian Mental Health Association

- District peer support program
- Peer support drop in centre

Phone: 807-727-2162

Website: www.cmhaff.ca/red-lake

Kenora Rainy River Districts Child and Family Services

Phone: 807-727-2165

Website: www.krrcfs.ca

Tikinagan Child & Family Services

Phone: 1-800-465-3624

Fort Frances

United Native Friendship Centre

- Culturally appropriate client-based services
- Assessment, planning, and evaluation of services
- Advocacy for clients
- Homelessness outreach program

Phone: 807-274-8541 Website: www.unfc.org

Fort Frances Family Health Team

Mental health program

Phone: 807-274-3287

Website: https://www.ffht.ca/mental-

health-program

Giishkaandgo'Ikwe Health Services

- Mental health direct line
- Mental wellness programming
- Mental health counselling
- Cultural community support
- Anti human trafficking program

Phone: 807-274-2042 Website: www.ffahs.com

Salvation Army Food Bank

Phone: 807-291-0012

Website: www.salvationarmy.ca

LaVerendrye Non-Profit Housing Corp

- Transitional housing
- Supportive housing program

Phone: 807-274-2606

Website:

https://www.riversidehealthcare.ca/non-

profit-housing

Community Living Fort Frances & District

- Supportive housing
- Supported independent living

Phone: 807-274-5556

Website:

www.communitylivingfortfrances.com

Mino Ayaa Ta Win Healing Centre and Withdrawal Management Services

- Residential treatment program
- Withdrawal management program

Phone: 807-274-7373
Website: www.ffahs.com

Canadian Mental Health Association

Phone: 807-274-2347

Website: www.fortfrances.cmha.ca

Riverside Community Counselling Services

Phone: 807-274-4807

Website:

www.riversidehealthcare.ca/programs-services/community-counselling

Kenora Rainy River Districts Child and Family Services

Phone: 807-274-7787 Website: www.krrcfs.ca

Weechi-it-te-win Family Services

Phone: 807-274-3201 Website: www.weechi.ca

Atikokan

Atikokan Community Food Bank

Phone: 807-597-6871

Faith Lutheran Church Food Bank

Phone: 807-597-4225

Atikokan Family Health Team

- Mental health and addictions counselling for individuals
- Group educational sessions for mental health and addiction issues

Phone 807-597-8781

Website: www.atikokanfht.com

Atikokan General Hospital

- supportive housing program
- intensive case management
- Mental health program
- Problem gambling community treatment program
- Substance abuse community treatment program

Phone: 807-597-2724

Website: www.aghospital.on.ca

Canadian Addiction Treatment Centre

Opioid agonist program

Phone: 807-597-1515

Website: www.canatc.ca/addiction-

treatment

Rainy River District Social Services Administration Board

- Housing services
- Ontario Works
- Children's services

Phone: 807-274-5349

Website: https://rrdssab.ca/integrated-

services

Community Living Atikokan

- Employment services
- Residential services
- Supported independent living
- Transitions program

Phone: 807-597-2259

Website: www.cl-atikokan.ca

FIREFLY

- Counselling and therapy
- Infant and child development services
- Telepsychiatry

Phone: 807-727-9064 Website: www.fireflynw.ca

Canadian Mental Health Association

• District peer support program for older adults program

Phone: 807-727-2162

Website: www.fortfrances.cmha.ca/district-mental-health-services-for-older-adults

Kenora Rainy River Districts Child and Family Services

Phone: 807-727-2165 Website: www.krrcfs.ca

Tikinagan Child & Family Services

Phone: 1-800-465-3624

SOCIAL WORK RESOURCES Dryden

Hoshizaki House (Women's Shelter)

Phone: 807-223-3226

Website: www.hoshizakihouse.ca

Dryden Food Bank

Phone: 807-223-3881

Website: www.drydenfoodbank.org

Dryden Regional Health Services and Addictions

Phone: 807-223-6678

Website: www.drhc.on.ca/programs-services/mental-health-and-addictions

Northwestern Ontario Health Unit (NWHU)

Phone: 1-800-830-5978 Website: www.nwhu.on.ca

Crisis Response

Phone: 1-866-888-8988 Website: www.ngfc.net

Community Living Dryden/Sioux Lookout

- Employment services
- Residential services
- Supported independent living
- Transitions program

Phone: 807-223-3364 Website: www.cldsl.ca

FIREFLY

Phone: 1-833-696-5437 Website: www.fireflynw.ca

Kenora Rainy River Districts Child and Family Services

Phone:1-800-465-1100 Website: www.krrcfs.ca

Tikinagan Child & Family Services

Phone: 1-800-465-3624 Website: www.tikinagan.org

Sioux Lookout

Out of the Cold Emergency Shelter

Phone: 807-737-7499

First Step Women's Shelter

Phone: 807-737-1438 Website: www.fsws.ca

Community Food Bank

Phone: 807-737-7499

Sioux Lookout Meno Ya Win Health Centre

- Crisis intervention
- forensics case management
- Mental health case management
- Problem gambling treatment program
- Substance abuse treatment program

Phone: 807-737-1275

Website: www.slmhc.on.ca

Northwestern Ontario Health Unit (NWHU)

Phone: 1-800-830-5978 Website: www.nwhu.on.ca

Nishnawbe Gamik Friendship Centre Emergency Hamper Program

Phone: 807-738-4671 Website: www.ngfc.net

Keewatin-Patricia District School Board

 Food and other basic essentials for students

Phone: 807-737-3500 ext. 1240

Community Living Dryden/Sioux Lookout

- Employment services
- Residential services
- Supported independent living
- Transitions program

Phone: 807-223-3364 Website: www.cldsl.ca

FIREFLY

Phone: 1-833-696-5437 Website: www.fireflynw.ca

Sioux Lookout First Nations Health Authority - Nodin Mental Health Services

 Counselling, support, and intervention services for children, youth, adults and families

Phone: 807-737-1802

Website: https://slfnha.com/health-services/

Kenora Rainy River Districts Child and Family Services

Phone: 807-274-7787 Website: www.krrcfs.ca

Tikinagan Child & Family Services

Phone: 807-737-3466

SOCIAL WORK RESOURCES Ignace

Mary Berglund Community Health Centre Hub - Food Bank

Phone: 807-934-6719 ext. 217

Dryden Regional Addiction and Mental Health Services

- Mental health assessments
- Counselling
- Group sessions
- Psychiatric consultations
- Oncology support
- Community education

Phone: 807-223-6678

Website: www.drhc.on.ca/mental-health-

and-addictions

Northwestern Ontario Health Unit (NWHU)

Phone: 1-800-830-5978 Website: www.nwhu.on.ca

Mary Berglund Community Health Centre

- FOCUS program for alcohol and chronic disease challenges
- Community mental health

Phone: 807-934-2251

Website: www.maryberglund.com

FIREFLY

• Rehabilitation and mental health services

Phone: 1-833-696-5437 Website: www.fireflynw.ca

Kenora Rainy River Districts Child and Family Services

Phone: 807-274-7787 Website: www.krrcfs.ca

Tikinagan Child & Family Services

Phone: 807-737-3466

SOCIAL WORK RESOURCES Armstrong

North of Superior Counselling Programs

• Mental health and addictions counselling

Phone: 807-583-2213 Website: www.nosp.on.ca

Norwest Community Health Centre

Phone: 807-583-1145

Website: www.norwestchc.org

Dilico Anishinabek Family Care

- Community health centre
- Child welfare services
- Community health services
- Mental health and addiction services

Phone: 807-583-2013 Website: www.dilico.com

Whitesand First Nation

- Addictions treatment program initiative
- Medicalvan transportation
- Home support program
- Early childhood development program
- Housing authority
- Ontario works

Phone: 807-583-2177

Website: www.whitesandfirstnation.com

Dipigon

Nipigon Baptist Food Bank

Phone: 807-889-0673

Ontario Works

Phone: 807-887-0297

Website: www.ontario.ca/page/ontario-

works

Nipigon Family Health Team

- Mental health and addiction counselling
- Community outreach programs
 - Self-esteem program
 - Community walking program
 - Active living
 - Seasonal mental health
 - Best start programming
 - Interactive nutrition program
- System navigation
- RAAM Clinic

Phone: 807-887-5252 Website: www.ndfht.ca

People Advocating for Chnage Through Empowerment (P.A.C.E)

- Recovery support services to consumers/survivors
- Systemic self-advocacy
- in-house public education

Phone: 807-631-9732

Website: www.pace-tbay.net/home-1

North of Superior Counselling Programs

- Mental health and addictions counselling
- Housing case management
- Intensive treatment services
- Single session counselling
- Parenting support and targeted intervention

Phone: 807-887-2632 Website: www.nosp.on.ca

The Children's Aid Society of the District of Thunder Bay

Phone: 807-887-3035

Website: www.thunderbaycas.ca

Dilico Anishinabkek Family Care

Phone: 807-887-2514

Website: www.dilico.com

Schreiber / Terrace Bay

North Shore Harvest Cupboard -Food Cupboard

Phone: 807-824-2024

Community Health Transportation

Phone: 807-825-3315

Hospice Northwest Program (NSFHT)

• Support through companionship for in homes, hospitals, and long term care

Phone: 807-824-1362

Website: www.pace-tbay.net/home-1

North Shore Family Health Team

• Individual appointments with a registered social worker

Phone: 807-825-3235

People Advocating for Chnage Through Empowerment (P.A.C.E)

- Recovery support services to consumers/survivors
- Systemic self-advocacy
- in-house public education

Phone: 807-824-1362

Website: www.pace-tbay.net/home-1

North of Superior Counselling Programs

- Mental health and addictions counselling
- Housing case management
- Intensive treatment services
- Single session counselling
- Parenting support and targeted intervention

Phone: 888-486-8236 Website: www.nosp.on.ca

Mood Disorder Association of Ontario

 Peer support for depression, bipolar disorder, and other related mood disorders

Phone: 807-824-1362

Website:

www.mooddisorders.ca/event/schrieberpeer-support-group-mood-disorders-

support-group-of-schrieber

Geraldton/Longlac

Greenstone Harvest Centre - Food Bank

Phone: 807-854-3663

Thunderbird Friendship Centre

- Indigenous mental health and wellness program
 - Provides individualized assessment, planning, and evaluation of services to clients, and advocacy on their behalf

Phone: 807-824-1362

Website:

www.mooddisorders.ca/event/schrieberpeer-support-group-mood-disorderssupport-group-of-schrieber

People Advocating for Chnage Through Empowerment (P.A.C.E)

- Recovery support services to consumers/survivors
- Systemic self-advocacy
- in-house public education

Phone: 807-854-2649

Website: www.pace-tbay.net/home-1

Ontario Addiction Treatment Centre

Opioid agonist program

Phone: 877-937-2282

Website: www.canatc.ca/addiction-

treatment

North of Superior Counselling Programs

- Mental health and addictions counselling
- Housing case management
- Intensive treatment services
- Single session counselling
- Parenting support and targeted intervention

Phone: 807-887-2632 Website: www.nosp.on.ca

Superior Greenstone Association for Community Living

- Personal support services
- Residential support services

Phone: 807-854-0775 Website: www.sgacl.ca

Marathon

Marjorie House (Women's Shelter)

Phone: 807-229-0607

Website: www.marjoriehouse.ca

Superior North Victim Services

Phone: 807-229-8877

Website: www.snvs.ca/contact/contact

Marathon Food Bank

Phone: 807-229-9986 Website: www.fsws.ca

Marathon Family Health Team

 Mental health counselling with a registered social worker

Phone: 807-229-1541

Website: www.mfht.org/mental-health-

counselling

Marathon Family Health Team - RAAM Clinic

Phone: 807-229-1541 ext. 298

Website: www.mfht.org/rapid-access-

addiction-medicine-clinic

People Advocating for Chnage Through Empowerment (P.A.C.E)

Phone: 807-229-0257

Website: www.pace-tbay.net/marathon

Kinna-Aweya Legal Clinic

Phone: 807-229-2290 Website: www.kalc.ca

Northwest Employment Works

Phone: 877-229-0607

Website: www.northwestworks.ca

Municipal Non-Profit Housing Corporation

Phone: 807-229-2589

Website:

www.tbdssab.ca/housing/property-

listings/marathon

Ontario Works

Phone: 807-229-2157

Website: www.tbdssab.ca

Superior Greenstone Association for Community Living

Personal support services

Residential support services

Phone: 807-854-0775 Website: www.sgacl.ca

North of Superior Counselling Programs

- Mental health and addictions counselling
- Housing case management
- Intensive treatment services
- Single session counselling
- Parenting support and targeted intervention

Phone: 807-229-0607

Website: www.nosp.on.ca

The Children's Aid Society of the District of Thunder Bay

Phone: 807-229-0580

Website: www.thunderbaycas.ca

Dilico Anishinabkek Family Care

Phone: 807-822-2521 Website: www.dilico.com

Wesway - Respite Services

Phone: 807-623-2353

Website: www.wesway.com

Manitouwadge

Manitouwadge Food Bank

Phone: 807-826-4326

Manitouwadge Family Health Team

Counselling

Phone: 807-826-0357

Website: www.mh.on.ca/counseling

People Advocating for Chnage Through Empowerment (P.A.C.E)

- Recovery support services to consumers/survivors
- Systemic self-advocacy
- in-house public education

Phone: 807-824-1362

Website: www.pace-tbay.net/home-1

North of Superior Counselling Programs

- Mental health and addictions counselling
- Housing case management
- Intensive treatment services
- Single session counselling
- Parenting support and targeted intervention

Phone: 807-887-2632 Website: www.nosp.on.ca

The District of Thunder Social Services Administration Board

Phone: 807-766-2111 Website: www.tbdssab.ca

Ontario Works

Phone:807-826-4809

Website: www.tbdssab.ca