

Paediatric Healthy Living Program



Healthy Kids Healthy Families

Our Hospital's Paediatric Healthy Living Program offers a family-based program that aims to help children living with complex obesity improve their overall health and quality of life through lifestyle and behaviour changes. If your child is between 4-17 years old and you are ready to make changes as a family, talk to your health care provider or call us directly at **(807) 684-6058**, to see if you are eligible for the Paediatric Healthy Living Program.



<https://bit.ly/TBRHSC-PHLP>



Thunder Bay Regional
Health Sciences
Centre

Paediatric Healthy
Living Program