



Northwestern Ontario Stroke Rehab Round-up Fall 2022 Edition - Click to open [hyperlinks](#) for more details A collection of educational events, new resources & more!

NEW MODULE RELEASED!

[Canadian Stroke Best Practices: Virtual Stroke Rehabilitation Consensus Statement](#)

The Canadian Stroke Best Practice Recommendations (CSBPR) for Rehabilitation and Recovery following Stroke includes a new section devoted to the provision of virtual stroke rehabilitation. These recommendations apply to hospital, ambulatory care and community-based settings where virtual stroke rehabilitation is provided. Virtual stroke rehabilitation has been shown to safely and effectively increase access to rehabilitation therapies and care providers.

Virtual Education Events – Eastern times listed

There may be a cost and pre-registration requirement for some events.

- 31 Aug 2022, 12:00 – 12:40 PM: **Post Stroke Fatigue: Frustrated and Invisible** [Event Link](#)
- 14 Sept 2022, 12:00 PM – 2:00 PM: **Virtual Return to Work Workshop for Clinicians** [Registration Form](#)
- 22 Sept 2022, 12:00 PM – 1:00 PM: **Tools for Better Transitions Between Hospital and Home** [Registration Form](#)

SPECIAL 9-PART SERIES “STROKE AND THE YOUNG PATIENT”

Central South Regional Stroke Network

Sept 2022 – Jan 2023

Stroke affecting young patients between 19 and 60 years of age can present clinicians with many diagnostic and management challenges. In this series, stroke care providers will learn about recognition, common etiologies, recovery and management of stroke in the young patient across the continuum.

Tuesday, September 13, 2022, 12:00 – 13:00, **Part 1: Stroke Recognition and Etiologies of Stroke in the Young Patient** [REGISTER NOW](#)

Thursday, September 22, 2022, 12:00 – 13:00, **Part 2: Stroke Recovery Trajectory for the Young Stroke Patient** [REGISTER NOW](#)

Tuesday, October 18, 2022 12:00 – 13:00, **Part 3: Stroke and Pregnancy** [REGISTER NOW](#)

Tuesday October 25, 2022, 12:00 – 13:00, **Part 4: Neurocognitive Impacts of Stroke in the Young** [REGISTER NOW](#)

Thursday, November 3, 2022, 12:00 – 13:30, **Part 5: Return to Vocations Toolkit**
REGISTRATION COMING SOON

Thursday, November 17, 2022, 12:00 – 13:00, **Part 6: Return to Driving Toolkit**
REGISTRATION COMING SOON

Thursday, November 24, 2022, 12:00 – 13:00, **Part 7: Depression, Emotional Supports and Fatigue Post Stroke** REGISTRATION COMING SOON

Thursday, December 8, 2022, 12:00 – 13:00, **Part 8: Community Re-Integration Post Stroke Panel**
REGISTRATION COMING SOON

Thursday, January 12, 2023, 12:00 – 13:00, **Part 9: Sexuality Post Stroke** REGISTRATION COMING SOON

Save the Date:

Wednesday January 18, 2023. **Overview of Executive Function, Memory and Functional Performance** with Dr. Joan Toglia REGISTRATION COMING SOON

In Person Education Events – Eastern times listed

The following in-person NDT courses are being offered at Back Works in Waterloo by Karen Guha:

- **Managing the "Pusher": An NDT Perspective on Managing the Individual with Contraversive Pushing Tendencies Post-Stroke** - Oct 15, 2022 [Registration Form](#)
 - **NDT Introductory Course in the Management of Adults with Stroke, Brain Injury and Other Neuromotor Disorders** - Nov 5-6, 2022 [Registration Form](#)
 - **Treating the Individual with Ataxia Using an NDT Approach** - Nov 19, 2022 [Registration Form](#)
 - **Getting Ready to Stand Walk: NDT Workshop in the Management of Adults with Stroke, Brain Injury and Other Neuromotor Disorders** - Nov 26, 2022 [Registration Form](#)
 - **NDTA Approved Advanced Upper Extremity Course** - April 21-23, 2023 & May 6-7, 2023 [Registration Form](#)
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- 7/8 Nov 2022 or 23/24 Jan 2023 **SCA™ (Supported Conversation for Adults with Aphasia) Core Training workshops at the Aphasia Institute in Toronto.** A number of free spots are made available through the Ministry of Health. Names will be added to a Lottery. Successful applicants will be notified. [To request a FREE spot](#)
Other virtual and in-person Aphasia Institute workshops can be viewed [HERE](#)

Sign-up for Valuable Stroke Information E-mailed Directly to You!

- [Toronto Stroke Virtual Community of Practice](#) – become a member & subscribe for updates

- [Canadian Partnership for Stroke Recovery](#) – scroll down on main page to subscribe
- [Aphasia Institute](#) – email to subscribe to newsletter

Online Education

- [Introduction to Supportive Conversation for Adults with Aphasia \(SCA\) eLearning Module](#)
 - From main page, click tab for Intro to SCA e-learning module
- [Canadian Hemispheres Stroke Competency Series](#)
 - 7 courses specifically tailored to Canadian Stroke Best Practice Recommendations, including NIH Stroke Scale training and certification. Funding may be available from the NWO Regional Stroke Network, **contact Alisha Tokar (alisha.tokar@tbh.net), 684-6706.**
- [Southwestern Ontario Stroke Network – Stroke Rehab Orientation Manual](#)
 - Create login to access additional resources

Clinical Resources

- [Vision Loss Rehabilitation Canada](#)
 - Support for people with all levels of vision loss to develop or restore key daily living skills, enhance independence, safety and mobility; provided by certified specialists.
 - Thunder Bay: 229 Camelot St., P7A 4B2, Telephone: 1-844-887-8572
- [Implementing Tele-rehabilitation within Outpatient Rehabilitation Programs – TOOLKIT](#)
- [Stroke Engine](#): Rebuilt and relaunched, October 2020, with advanced search functionality, user-friendly for mobile devices, upcoming new content for circuit therapy and apraxia.

For Patients & Caregivers

- March of Dimes Canada: [After Stroke Programs](#)
Thunder Bay: Leanne Johnson, RD, CDE | NWO After Stroke Coordinator,
237 Camelot Street, Phone: (807)355-5969, Email: ljohnson@marchofdimes.ca
- [Heart & Stroke's Community Connect e-newsletter](#)
- [Online Videos with Self-Management Tools and Resources for People Recovering from Stroke](#)

For more information please contact:

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Click [HERE](#) to view the current Canadian Stroke Best Practice Recommendations

for Stroke Rehabilitation and Recovery