

Promoting Recovery at the Bedside: A Virtual NDT Workshop

REGISTRATION NOW OPEN!

Instructor	Karen Guha, PT, BScPT, C/NDT, CIDN, NDTA Coordinator Instructor
Date	Saturday March 5, 2022
Time	8:30 am to 2:30 pm
Location	Virtual delivery over Zoom
Description	<p>Practice and repetition of the more involved side are critical components that drive neuroplasticity in an individual who suffered from a neurological injury. It is critical that all members of the health care team interact with patients in ways that are therapeutic and promote neuroplasticity. Neuro-Developmental Treatment (NDT) looks at how health care practitioners can use their set up, handling and the task to facilitate use of the more involved side, and therefore improve functional outcomes.</p> <p>This one-day virtual workshop will allow members of the health care team to problem solve various functional activities at the bedside and explore ways to assist our patients perform these activities in a more therapeutic way. It will focus on ways to engage the patient so that they are actively participating and promoting use of the more involved side. The workshop will contain didactic information, problem solving sessions, detailed lab information with handouts, and videos to watch. The session will have live, virtual interaction with the instructor throughout the workshop. There is an optional lab component for those individuals who would like time to practice the labs and receive live virtual feedback from the instructor. If you choose to practice the lab content, you will need a colleague, family member or friend available during this time.</p> <p>Workshop Objectives:</p> <p>Upon completion of this workshop the participants will be able to:</p> <ol style="list-style-type: none">1. Understand the research supporting recovery of an individual who has suffered a neurological injury2. Identify components of typical bed mobility and activities in sitting3. Explore how to set up a patient and facilitate bed mobility and activities in sitting, to promote recovery in an individual who has neurological impairments.
Target Audience	Nursing, PT, OT, Kinesiologists, Rehabilitation Assistants or other health care practitioners who assist clients with neurological conditions in their room with bed mobility and activities of daily living.
Capacity	30 participants
Registration Information	Email franche@tbh.net to register. Deadline to register is February 4, 2022. Registration costs are sponsored by the NWO Regional Stroke Network.

Due to limited space, priority registration is given to those working **primarily** in stroke or ABI.

For more information: Esmé French, Northwestern Ontario Regional Stroke Network, 807-684-6498, franche@tbh.net