



Northwestern Ontario Stroke Rehab Round-up Fall 2021 Edition

A collection of educational events, new resources & more!

Funding for Northwestern Ontario clinicians to support stroke-related professional development may be available through the Northwestern Ontario Regional Stroke Network Education Fund.

Click here to apply: <https://tbrhsc.net/programs-services/stroke-program/nwostroke/education-and-events/the-northwestern-ontario-regional-stroke-network-education-fund/application/>

Click to open [hyperlinks](#) for more details.

Stay tuned for an educational funding opportunity announcement:

Applications will soon be accepted for tuition support towards the first course in the 2022 University of Alberta's Stroke Rehabilitation Certificate "Rehab 540-Stroke Rehabilitation: Best Practice and Critical Review of the Evidence" taking place virtually Jan. – Mar. 2022. Two clinicians from Northwestern Ontario will be funded.

Upcoming Virtual Education Events – Eastern times listed

There is a pre-registration requirement for most events.

September to December 2021:

Central South Regional Stroke Network – 6 Part Series: Forward Thinking About Posterior Stroke

A 6-part series addressing the challenging presentation of posterior circulation strokes. Posterior strokes may include the brain stem, cerebellum and occipital lobe. Stroke care providers will learn about posterior circulation stroke syndromes, symptomatology and management across the continuum.

Tuesday September 14, 2021 from 12:00-2:00 pm

Part 1: Recognizing Posterior Stroke Syndromes to Facilitate Timely Hyperacute Assessment and Treatment – Presenters Dr. Aris Katsanos and Dr. Christine Hawkes . To register - [See Event Details](#)

Tuesday September 28, 2021 from 12:00-2:00 pm

Part 2: Management of Posterior Circulation Stroke Syndrome – Presenters Dr. D.J. Sahlas and Dr. F. Feloiu. To register - [See Event Details](#)

Tuesday November 2, 2021 from 12:00-1:30 pm

Part 3: Hemianopia, the Hidden Impairment following PCA Stroke: Functional limitations, Assessment and Intervention - Presenter Dr. Mary Warren. To register - [See Event Details](#)

Tuesday November 16, 2021 (tentative date)

Part 4: Vertigo and Dizziness after Posterior Stroke. Details coming soon.

Tuesday November 23, 2021 from 1:00-2:00 pm

Part 5: Dysphagia Following Posterior Circulation Stroke – Presenter - Dr. Catriona Steele. To register - [See Event Details](#)

Tuesday December 7, 2021 from 12:00-1:00 pm

Part 6: Ataxia Following Posterior Circulation Stroke – Presenter Dr. Vince DePaul. To register - [See Event Details](#)

Wednesday September 22 from 2:30-4:00 pm

Ethical Issues in Stroke Care: Working With Substitute Decision Makers. Presenter Dr. Paula Chidwick. Registration required – click [HERE](#) to register. Zoom details will be provided after registration.

Friday September 24 from 12:00-1:00 pm – See Poster Attached – Northwestern Ontario Event

Highlights from the University of Alberta's Rehab 540-Stroke Rehabilitation: Best Practice and Critical Review of the Evidence

- Determining the Efficacy of Utilizing Botulinum Toxin related to Dysphagia – Sharol Bachmeier, RN
 - Vestibular Therapy and its Effectiveness on Post-Stroke Disequilibrium – Matthew Christensen
- Webex Meeting [LINK](#) - log on 5 min before event

Friday October 8 from 12:00-1:00 pm – See Poster Attached – Northwestern Ontario Event

Highlights from the University of Alberta's Rehab 541-The Stroke Survivor: Assessment and Rehabilitation across the Continuum of Care

- High Intensity Interval Training (HIIT) in the Chronic Stroke Population - Meranda Termaat, PT
- Critical Appraisal of the Behavioural Inattention Test and Line Bisection Test on Identifying Unilateral Spatial Neglect - Linda Sanzo, OT

Webex Meeting [LINK](#) - log on 5 min before event

Saturday November 6 from 8:30 am to 3:00 pm – See Poster Attached – Northwestern Ontario Event

Developing Support & Reach in the Upper Extremity: A virtual NDT workshop (Zoom Platform)

Instructor Karen Guha. Registration sponsored by the NWO Regional Stroke Network.

Target Audience: PT, OT, Kinesiologists, Rehabilitation Assistants working with clients with stroke or brain injury. Contact frenche@tbh.net for registration details.

Saturday March 5, 2022 from 8:30 am to 2:30 pm – See Poster Attached – Northwestern Ontario Event

Promoting Recovery at the Bedside: A virtual NDT workshop (Zoom Platform)

Instructor Karen Guha. Registration sponsored by the NWO Regional Stroke Network.

Target Audience: Nursing, PT, OT, Kinesiologists, Rehabilitation Assistants or other health care practitioners who assist clients with neurological conditions in their room with bed mobility and activities of daily living. Contact frenche@tbh.net for registration details.

Online Education – Available Anytime

- [Introduction to Supportive Conversation for Adults with Aphasia \(SCA\) eLearning Module](#)
 - From main page, click tab for Intro to SCA e-learning module
- [Canadian Hemispheres Stroke Competency Series](#)
 - 7 courses specifically tailored to Canadian Stroke Best Practice Recommendations, including NIH Stroke Scale training and certification. Funding may be available from the NWO Regional Stroke Network, **contact Kristina Visser, visserk@tbh.net, 684-6706.**

Archived Webinars – View Recorded Sessions

- Missed a Heart & Stroke Foundation Webinar? Recordings are available on the Canadian Stroke Best Practices Website - [Click here to view their channel!](#)

- [Stroke in young adults causes, consequences and long term outcomes - Dr. Richard Swartz](#)
- [Driving After Stroke: The Art, Science, Legal Implications and Headaches of Reporting our patients - Dr. H Finestone](#)
- [Mirror Therapy & Motor Imagery in Stroke - Dr. V. Rajendran, PT](#)
- [Virtual Stroke Rehabilitation: Practical OT & PT experience & research from Alberta](#)

Sign-up for Valuable Stroke Information E-mailed Directly to You!

- [Toronto Stroke Virtual Community of Practice](#) – become a member & subscribe for updates
- [Canadian Partnership for Stroke Recovery](#) – scroll down on main page to subscribe
- [Aphasia Institute](#) – email to subscribe to newsletter

Clinical Resources

- [Stroke Engine](#): Rebuilt and relaunched, October 2020, with advanced search functionality, user-friendly for mobile devices, upcoming new content for circuit therapy and apraxia.
- Virtual GRASP program for post-stroke upper extremity rehabilitation:
<http://canadianstroke.ca/en/news/virtual-grasp-program-post-stroke-rehabilitation-delivers-results-during-pandemic>

For Patients & Caregivers

- **March of Dimes Canada: [After Stroke Programs](#) (see attached).**
Sessions are free of charge and open to both stroke survivors and/or caregivers.
You can also visit the website at www.afterstroke.ca and click on Events
- [Heart & Stroke's Community Connect e-newsletter](#)
- [Online Videos with Self-Management Tools and Resources for People Recovering from Stroke](#)
A 12-episode video series explores issues faced by people recovering from stroke. Each video has an accompanying resource sheet of links for additional information. Topics addressed include: memory, anxiety, fatigue, attention, stress, unilateral spatial neglect, upper extremity movement, organization and planning, resilience, leisure, and functional communication. **The original resource sheets have been revised, with additional links and Ontario specific resources. The revised resource sheets can be accessed directly via this link**
<https://www.canadianstroke.ca/en/tools-resources/patients-families>

For more information please contact:

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Click [here](#) to view the Canadian Stroke Best Practice Recommendations for Stroke Rehabilitation

