



MANAGING THE “PUSHER”: AN NDT PERSPECTIVE ON MANAGING THE INDIVIDUAL WITH CONTRAVERSIVE PUSHING TENDENCIES POST-STROKE

SATURDAY MAY 11, 2019

Course Description: This one-day workshop provides an opportunity for health care professionals to gain insight into managing the individual with contraversive pushing tendencies (“pusher syndrome”). The individual who suffers from a stroke and has “pushing” tendencies presents with unique impairments that challenges health care professionals. This workshop will present current theoretical evidence and practical NDT skills for participants to use when working with the individual who “pushes”. The overall objective of this course is to enable participants to bring information back to their facility and apply it toward promoting more functional movement and achieving functional outcomes with their patients.

Course Learning Objectives:

Upon completion of the course the participants will:

- State the basic philosophy underlying the NDT approach to the treatment of adults with neurological dysfunction
- Identify major impairments interfering with normal movement and function in the individual with stroke who has contraversive pushing tendencies.
- Demonstrate basic handling skills to enhance patient’s functional movement as related to his/her functional goals including activities in sitting, standing and gait.
- Demonstrate an increased repertoire of evaluation and treatment strategies for the individual with stroke who has contraversive pushing tendencies.

Instructor: Karen Guha, PT, B Sc PT, C/NDT, CIDN

Karen is a physiotherapist at Grand River Hospital and Back Works Spinal and Sports Rehabilitation. She received her Physical Therapy degree from the University of Toronto in 1996 and became NDT trained in 1999. Karen became a NDTA™ PT Instructor in 2007 and a NDTA™ Coordinator Instructor in 2011. In 2017 Karen completed her certification in Integrated Dry Needling. Karen has over 20 years’ experience working with adults with neurological impairments in acute, rehabilitation and outpatient settings. Karen has taught NDT courses throughout North America and internationally.

Course Format: This workshop will include a short lecture and then laboratory practical sessions for the remainder of the day. During lab sessions, participants will have the opportunity to analyze normal movement and practice handling skills to facilitate functional movement patterns in normal adults. Participants will have the opportunity to problem solve how these handling skills will be modified when treating the individual who has contraversive pushing tendencies.

Requirements: Participants must be a Physical Therapist, Occupational Therapist, Speech Language Pathologist, Therapy/Rehab Assistant or Kinesiologist.

Location: Back Works Spinal & Sports Rehabilitation, 99 Northfield Dr, Suite 102, Waterloo, Ontario, N2K 3P9

Tuition: The fee for this 1-day course is **\$250.00 + HST (\$282.50 Canadian)**. Accepted forms of payment include Visa, Mastercard or cheque payable to Back Works Spinal and Sports Rehabilitation. Tuition includes course materials and morning refreshments. Lunch is not included. Registration is accepted on a first-come first served basis, so register early to ensure a spot in the course.





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Please complete the following information legibly and mail, fax or e-mail with payment. Participants are not considered registered until payment is received.

E-mail to admin@backworks.ca or fax to (519) 746-8346, or mail cheque to:

Back Works Spinal and Sports Rehabilitation
99 Northfield Drive Suite 102
Waterloo, ON
N2K 3P9

Name and credentials as you would like them to appear on your certificate:

Name: _____ Credentials: _____

City: _____ Phone: _____

E-mail: _____ Profession: _____

Tuition: \$250.00 + HST (\$282.50)

Payment Options:

- Cheque payable to Back Works Spinal and Sports Rehabilitation
- Mastercard
- Visa

Name as it appears on credit card: _____

Credit Card Number: _____

Expiration: _____

Cancellation Policy

Cancellations must be received in writing and all refunds and deferments are subject to an administrative fee. After **March 29th**, and in the event that a replacement cannot be found, no refunds will be granted.

