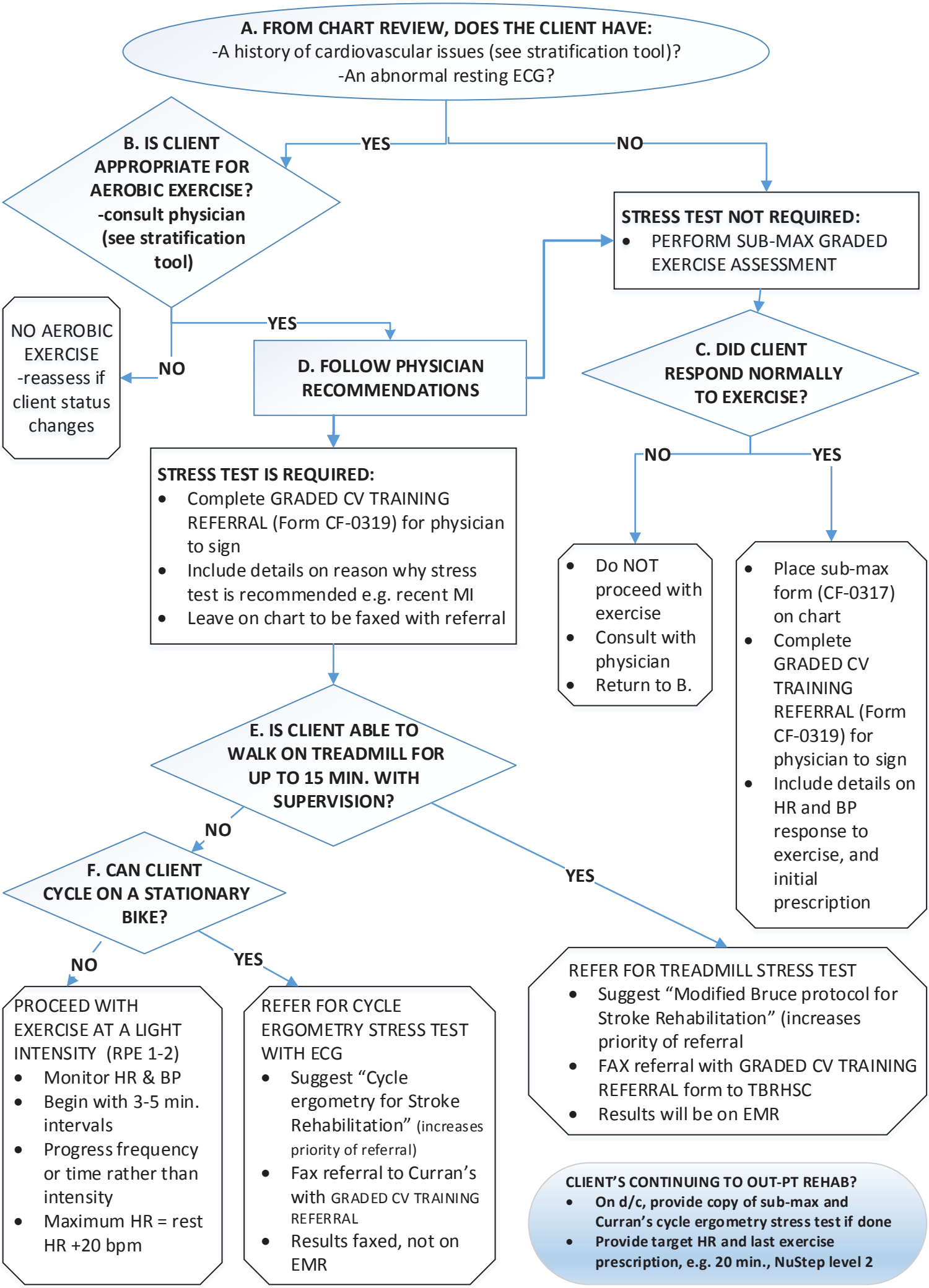INPATIENT REHABILITATION AEROBIC TRAINING FLOW SHEET – Finalized September 2017