

# Supplemental Resource for Patient Referral for TIA and Minor Non-Disabling Stroke for Emergency Physicians and Primary Care Providers



The purpose of this Supplemental Resource is to support communication with the health care provider and the TBRHSC Acute Stroke Physician on Call, Diagnostic Imaging and the Stroke Prevention Clinic. To appropriately triage this referral, follow the Northwestern Ontario TIA and Mild Non-Disabling Stroke TRIAGE algorithm on the reverse side of the Thunder Bay Regional Health Sciences Centre (TBRHSC) Stroke Prevention Clinic (SPC) PATIENT REFERRAL.

During consult with TBRHSC Acute Stroke Physician on Call, clarify

Diagnostic Test	Ordered by Referring HCP	Level of Priority	Discuss where test will be completed**	Fax Requisition to Appropriate Facility
CT head				
CTA				
MRI				
MRA				
Carotid Doppler				
ECG				
Echocardiogram				

## For Diagnostic Tests to be completed at TBRHSC

### Check when Completed

Include notation "TIA Triage" or Stroke Prevention Clinic	
Include notation "Consulted with acute stroke physician on call - Dr. _____"	

## Laboratory tests

(CBC, electrolytes, eGFR, RBS, LFT, lipids and HbA1c)

### Check when Completed

Completed at a private lab in past month? If yes, attach results to SPC PATIENT REFERRAL	
Completed at a hospital in past month? Not necessary to attach (is available electronically)	
No lab results in past month? Order lab tests above. To be completed in the next 24 hours.	

## Interventions to consider only IF CT COMPLETED AND NO EVIDENCE OF INTRACRANIAL HEMORRHAGE

### Check when Completed

Initiate loading dose of 160 mg ASA or 300 mg Clopidogrel, then maintenance therapy of daily antiplatelet therapy. If no evidence of intracranial hemorrhage on CT scan.	
Assess for Atrial Fibrillation or Atrial Flutter on ECG. If present, consider oral anti-coagulation therapy if no evidence of intracranial hemorrhage on CT scan.	

## Before Patient is discharged from office or ED:

### Check when Completed

Provide patient and/or family with the <b>SPC Information for Patients and Families Brochure</b> from <a href="http://www.nwestroke.ca/tia">www.nwestroke.ca/tia</a>	
Inform the patient the TBRHSC SPC will contact them with an appointment.	

## TBRHSC SPC PATIENT REFERRAL

\* ALL PATIENTS SHOULD BE REFERRED TO TBRHSC SPC

### Check when Completed

Complete TBRHSC SPC PATIENT REFERRAL	
FAX Referral to TBRHSC SPC 1-807-684-5883	

## Stroke Prevention Clinic Services

- Consultation with a neurologist, nurse practitioner and dietitian
- Priority access to appropriate investigation(s) and initiation of evidence based treatment
- Identification of individual client risk factors for stroke
- Initial patient health teaching related to risk factor reduction
- Early patient referral to additional community prevention, treatment, or rehabilitation services
- A consultation note will be forwarded to the primary care physician following each visit

The NWO TIA and MNDS TRIAGE Toolkit is available to be downloaded at [www.nwestroke.ca/tia](http://www.nwestroke.ca/tia)