

## Regional Cancer Care Northwest by the Numbers

58,701  
outpatient clinic visits

10,573  
OBSP screening  
mammograms  
(women aged 50+)

4,196  
telemedicine cancer  
care consults

1,243  
screening  
colonoscopies

1,232  
new systemic cases

905  
new radiation cases

## We celebrate many accomplishments as a result of our previous regional cancer plan

### Prevention and Screening

- In 2012 the realignment of breast, cervical and colorectal cancer screening to facilitate moving to a regional Integrated Cancer Screening Program under Prevention and Screening Services at TBRHSC.
- In 2013 the launch of the new Screen for Life mobile screening coach which offers all three organized screening programs to regional sites and within Thunder Bay.

### Survivorship

- WE-Can (Wellness & Exercise program for individuals with Cancer).
- Proving to be successful in increasing functional capacity and quality of life for individuals who are currently in active treatment or up to five years post-treatment.
- The program offers supervision by certified exercise professionals, individualized exercise programs in a safe, private, small group environment and provides participants with a social support network with others like them.

### Palliative Care Program

- Introduction of PleurX Program. The PleurX® pleural system is a tunneled catheter inserted in patients who have recurrent fluid buildup in their lungs from cancer. This fluid buildup causes patients tremendous discomfort, is associated with recurrent hospitalizations as well as visits to the emergency departments and unscheduled visits to the cancer centre.

### Outpatient Clinic Environment

- New electronic health record improves safety, quality and regional coordination.
- In May of 2013, the new Electronic Medical Record (EMR) MOSAIQ was introduced in the outpatient Cancer Centre. Used by physicians and nurses at the point of care, the EMR has improved efficiencies in the clinic. Less reliance on a paper chart has improved the coordination of care and information among the health care team. Patient safety is enhanced through features of the EMR, such as care plans and quality check lists for standard procedures. Chemotherapy nurses across the region are able to document in a standardized way in the EMR.

### Aboriginal Patient Navigator

- The Aboriginal Patient Navigator's role is to promote timely access to palliative and supportive care, which begins at the time of cancer diagnosis (when cancer has been identified), and to work to ensure seamless, coordinated care and services by assisting cancer patients and their families in navigating the cancer system.

### Radiation Treatment Advances

- Two new state-of-the-art Linear Accelerators that provide the most advanced Image Guided Radiation Therapy (IGRT) available and enable the delivery of the latest in external radiation beam treatment techniques including Volumetric Modulated Arc Therapy (VMAT) and Stereotactic Body Radiation Therapy (SBRT).



## Regional Cancer Care Northwest Regional Cancer Plan IV



Thunder Bay Regional  
Health Sciences  
Centre

healthy  
together



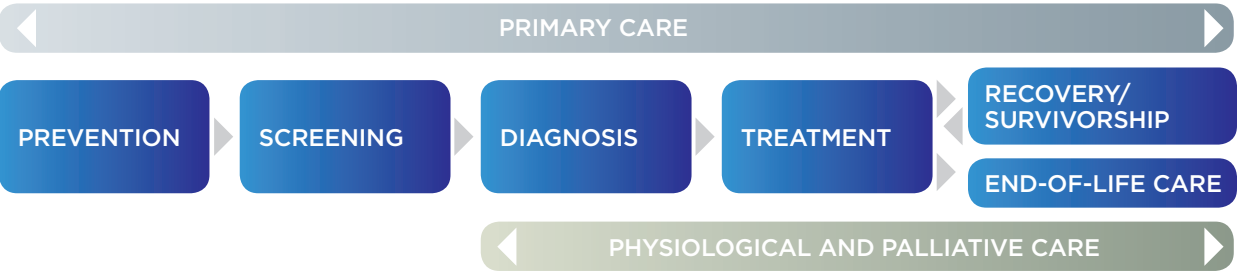
# Regional Cancer Care Northwest Regional Cancer Plan IV

Regional Cancer Care Northwest provides cancer services across the continuum of care to the residence of the Northwest LHIN. Many regional and community partners, health care providers and patient and family

members contributed to the development of this plan through engagement sessions, working groups and the work of a steering committee. The plan sets the course for the regional cancer program and service

improvement over the next 4 years. The Ontario Cancer Plan IV, the Aboriginal Cancer Strategy III and the Thunder Bay Regional 2020 plans have provided the direction and guiding principles for this plan.

## The Cancer Journey Better cancer services every step of the way



## Ontario Cancer Plan IV

Ensure the delivery of responsive and respectful care, optimizing individuals' quality of life across the cancer care continuum

Ensure the safety of patients and caregivers in all care settings

Ensure health equity for all Ontarians across the cancer system

Ensure the delivery of integrated care across the cancer care continuum

Ensure a sustainable cancer system for future generations

Ensure the provision of effective cancer care based on best evidence

## Thunder Bay Regional 2020 Plan

**Patient Experience**  
Enhance the quality of the patient experience

**Comprehensive Clinical Care**  
Enhance the delivery of our clinical services

**Seniors' Health**  
Enhance the care provided to an aging population

**Indigenous Health**  
Enhance culturally appropriate care

**Acute Mental Health**  
Enhance acute mental health services

## Regional Cancer Plan IV

**Deliver an optimal patient experience across the Cancer Care Continuum**

- Adopt provincial real-time patient reported information methodologies for improvement of patient care.
- Improve performance related to symptom management guidelines.
- Standardize operating procedures in outpatient clinics.
- Improve quality of life by expanding and integrating access to palliative, psychosocial and survivorship services.

*By 2019*

- Patients and families will report high satisfaction with the delivery of care.
- Patients will have the opportunity to report on their symptoms and have them addressed using standardized tools.
- Patients and their families will have access to resources and services for the purposes of self-management.

**Develop models of care focused on access, quality and safety for all of Northwestern Ontario**

- Identify and adopt the relevant elements from Choosing Wisely Canada.
- Adopt techniques based on evidence and best practice to enhance the delivery of care.
- Become a regional centre of excellence in chemotherapy delivery.
- Develop and implement new ambulatory models to ensure the right care by the right provider at the right time.
- Redesign the Acute Oncology program to reflect the needs of patients.

*By 2019*

- Patients and providers will access resources required for the safe delivery of care.
- Healthcare providers involved in the delivery of chemotherapy, including in the community, will be appropriately trained in oncology care.
- Models of care will enable the right care by the right provider at the right time.

**Become leaders in the use of technology for the delivery of exceptional care**

- Leverage the Electronic Medical Record to improve efficiencies, further enhance patient safety and facilitate the introduction of new treatment techniques and modalities.
- Improve patient access to electronic resources, applications, tools and information to help them manage their care.
- Expand telemedicine solutions to further enhance the cancer care experience in the Northwest.
- Develop robust data collection and analysis methods to support performance management and improve quality of care.

*By 2019*

- Patients and providers will have access to information for joint decision making.
- Patients and families will be engaged partners in care.
- Staff and clinicians will report high satisfaction with the EMR.
- Patients will have access to new applications and tools.
- Patients have increased access to telemedicine in their home.

**Build relationships to support access for underserved populations across the Cancer Care continuum**

- Identify underserved populations.
- Formalize partnerships with key organizations who support identified populations.
- Develop and implement outreach plan to improve access.

*By 2019*

- Underserved populations will have access to Regional Care Program services.
- An equity assessment will be applied to program and service design.
- Programs will be aligned with the Aboriginal Cancer Strategy.

**Develop an interdisciplinary tertiary level palliative care program**

- Explore what dying patients and their families need in an acute care hospital and outpatient cancer centre.
- Design an interdisciplinary palliative care program model.
- Implement the interdisciplinary tertiary level palliative care program.

*By 2019*

- Patients and families will have access to integrated interdisciplinary palliative care.
- Patients and families report high satisfaction with palliative care services.
- Patients and families will have an awareness and understanding of palliative care.