

# Ultrasound Full Bladder



## How to Prepare for a FULL BLADDER Ultrasound?

You must have a **FULL BLADDER**

Drink 3 to 4 (8 ounce) glasses of water or apple juice **starting 2 hours before** your appointment.

Finish drinking at least **1 hour before** the appointment

**\*\*DO NOT EMPTY YOUR BLADDER** until the appointment is completed\*\*

## What is an Ultrasound?

An Ultrasound is an imaging method that uses high-frequency sound waves using a transducer to produce images of structures within your body.

## What will happen during the Ultrasound?

You may be asked to wear a hospital gown. A gel (which wipes off easily) will be applied directly to the skin surface and a series of pictures will be taken of the body part being examined. The Technologist will be taking pictures and measurements during the test. The test will take between 30-60 minutes to complete.

## What will happen after the Ultrasound?

The radiologist will send the ultrasound report to your physician. The results will be given to you by your physician.