Ultrasound Fasting



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How to Prepare for a FASTING Ultrasound?

Do not eat or drink for 8 hours prior to your test - nothing by mouth.

If medication is required to be taken, you may take as usual with as little water as possible.



What is an Ultrasound?

An Ultrasound is an imaging method that uses high-frequency sound waves using a transducer to produce images of structures within your body.

What will happen during the Ultrasound?

You may be asked to wear a hospital gown. A gel (which wipes off easily) will be applied directly to the skin surface and a series of pictures will be taken of the body part being examined. The Technologist will be taking pictures and measurements during the test. The test will take between 30-60 minutes to complete.

What will happen after the Ultrasound?

The radiologist will send the ultrasound report to your physician. The results will be given to you by your physician.



At Thunder Bay Regional Health Sciences Centre, patients are first. As leaders in Patient and Family Centred care, we partner with patients and their families every step of the way to treat the person instead of the disease or injury.

As an academic health sciences centre, we teach the next generation of healthcare providers and advance medical research. Patients benefit from a team approach to care, and the chance to take part in clinical trials.

Your donation to the Health Sciences Foundation advances care in all areas.

For information or to provide your input, please visit www.tbrhsc.net or contact 807-684-6000.