

# Instructions Following ERCP, Sclerotherapy, Gastroscopy, Esophageal Dilatation



980 Oliver Road  
Thunder Bay, ON  
Canada P7B 6V4

Telephone:  
807-684-6000  
www.tbrhsc.net

These instructions should be used as a guide. If you have any unusual problems, be certain to contact your physician.

## ACTIVITY:

During your procedure you will receive medication to make you drowsy. On discharge from hospital the effect of this sedation will be partially worn off. However, it is important to realize the sedation will continue to have an effect on you for 24 hours. With this in mind, it is important that you do the following:

## IMPORTANT TO DO:

- Arrange for someone to take you home and stay with you overnight.
- Be aware that feeling dizzy for several hours is not unusual.
- Not smoke for several hours.
- Check with your doctor about starting your daily medications.

## FOR 24 HOURS DO NOT:

- Operate a motorized vehicle. You will be considered "legally impaired".
- Drink alcohol.
- Make any important decisions

## DIET:

The medication that was sprayed into your throat will interfere with your ability to swallow for a short time. This, however, should not be a problem after you are discharged home. You may notice some throat discomfort and should swallow with caution for the next few hours.

## MEDICATION:

You may receive a prescription for medication that your physician feels is important for your treatment. Be sure you know how to use this medication correctly.

## BE AWARE THAT:

For the first few hours following this procedure you may feel some throat discomfort.

You must, however, call your physician if you have:

- Vomiting of blood.
- An unusual increase in the amount and location of pain.
- Chills or a fever of 38.5°C (101°F) when you take your temperature with a thermometer.

If you are concerned about your condition and cannot reach your physician go to the nearest Emergency Department.

Your physician Dr. \_\_\_\_\_ may be reached at \_\_\_\_\_ (office) or 623-7451 (Nurses Registry) if any problems arise.

Your co-operation is an important part of an uneventful recovery.



At Thunder Bay Regional Health Sciences Centre, patients are first. As leaders in Patient and Family Centred care, we partner with patients and their families every step of the way to treat the person instead of the disease or injury.

As an academic health sciences centre, we teach the next generation of healthcare providers and advance medical research. Patients benefit from a team approach to care, and the chance to take part in clinical trials.

Your donation to the Health Sciences Foundation advances care in all areas.

For information or to provide your input, please visit [www.tbrhsc.net](http://www.tbrhsc.net) or contact 807-684-6000.