

Bronchoscopy Instructions



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These instructions should be used as a guide. If you have any unusual problems, be certain to contact your physician.

ACTIVITY

During your procedure you will receive medication that will make you drowsy. When you are discharged from hospital the sedation you had will be partially worn off. However, you need to know that the sedation will continue to have an effect on you for 24 hours. Because of this, it is important that do the following:

IMPORTANT TO DO

- Arrange for someone to take you home and stay with you.
- Drink plenty of fluids.
- Call your doctor if you have not been able to pass urine and feel bladder pressure or pain.
- Be aware that feeling dizzy for several hours is not unusual.
- Ask your doctor when you can start taking your daily medications.
- Not smoke for several hours.

FOR 24 HOURS DO NOT

- Operate a motorized vehicle. You will be considered "legally impaired".
- Drink alcohol.
Make any important decisions.

DIET

The medication that was sprayed into your throat will interfere with your ability to swallow for a short time. This, however should not be a problem after you are discharged home. You may notice some throat discomfort and should swallow with caution for a few hours after discharge.

MEDICATION

You may receive a prescription for medication that your physician feels is important for your treatment. Be sure you understand how to use this medication correctly.

BE AWARE THAT

For the first few hours following this procedure you may experience some throat discomfort. You may also have an occasional cough and cough up some sputum that may have some light blood-tinged streaks. This is not unusual.

You must, however, call your physician if you have:

- Unusual shortness of breath
- Coughing/spitting up blood in large amounts (more than streaks)
- An unusual increase in the amount and location of pain.
- Chills or fever of 38.5oC (101oF) after 24 hours when you take your temperature with a thermometer.

If you are concerned about your condition and cannot reach your physician, go to the nearest Emergency Department.

Your physician Dr. _____ may be reached at _____ (office)
or Nurses Registry 623-7451.



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For information or to provide your input, please visit www.tbrhsc.net or contact 807-684-6000.